

## TANZANIA SCHOOLS & COMMUNITY PROJECT

- Build and renovate schools providing quality education
- Work and live alongside the local community
- Create sustainable income generating schools
- Explore 4 East African countries, climb a mountain, trek, scuba dive, safari and more

Babati is the regional capital of the recently formed Manyara Region. It has a population of approx 30,000 of which approx 50% are under 16 years. Since January 2007 Quest Overseas has been working in numerous schools surrounding the town of Babati and with the Livingstone Tanzania Trust aim to develop facilities for education through the construction of additional classrooms and new nursery and secondary classrooms. You will learn about the culture and history of the swahili tribes, interact positively with the village to enable a proactive and beneficial relationship between Quest Overseas volunteers and the Babati community.

So far Quest have built and renovated several classrooms for the pupils at Waang'waray primary school, as well as constructing enclosures for the animals on the school farm and a store room with teachers' and farm manager's office. Quest groups have also finished a 4 classroom school in a small village outside Ndareda 40minutes from Babati. The plan for the future is to continue this work in and around Babati with the possibilities of designing and constructing play grounds for kids, organising and managing school sports days.

**Activities:** Community development work in rural African villages, building, farming, education in schools, laying bricks, digging and carrying, plastering, entertaining children, 4x4 safari, trekking, scuba diving, white water rafting

**Team size:** 8-16 people

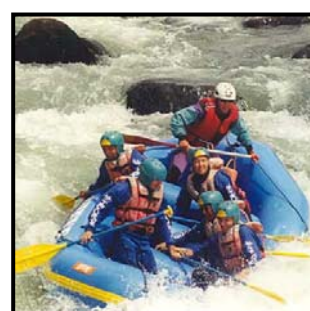
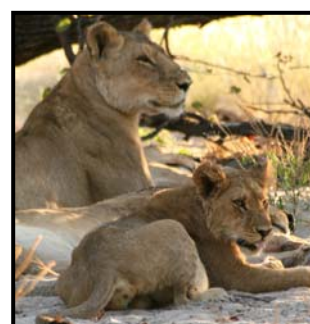
**Duration:** 6 weeks project only or 12 weeks combined with 6 week East Africa Expedition

**Departs:** early January

**Cost:** 12 weeks: £3900 cost to Quest Overseas + £850 project donation  
6 weeks: £1200 cost to Quest Overseas + £850 project donation

*Includes all accommodation, food, activities, in-country travel, local tipping, airport transfers, two Quest leaders.*

*Excludes international flights and insurance.*



## What to Expect:

### Where?

Babati is located in Northern Tanzania on the shores of Lake Babati and close to Lake Manyara and Ngorogoro National Parks. The communities outside Babati in Tanzania are extremely poor and lacking many basic facilities that are taken for granted here in the UK. Only around 50% of children attend primary school in the country and even less carry onto secondary school.

### What?

Working with the Livingstone Tanzania Trust, you will be helping to develop the education facilities in the Babati area. In particular working at Waang'waray Primary School constructing new classrooms to reduce class sizes and allow more children to attend the school. You will also be developing the sustainable school farm, which generates food and income for the school and teaches children vital sustainable agricultural techniques; constructing enclosures for the animals, helping children with the day to day work. You will also have the chance to work closely with the local community, organising sports days and activities for the school children and assisting in English language lessons.

Work includes rural construction- cement mixing, carrying rocks and sand, making mud bricks, carrying water. You will also get involved in school sports days, mural paintings, the school farm and much more community based work.

### Example East Africa Expedition Itinerary:

#### Days 1-7: Arusha, Mt Meru TREK and Moshi

Preparation for Mt Meru trek in Arusha. 4 day challenging trek to the summit of Mt Meru for a stunning view across the Tanzanian plains to Mt Kilimanjaro. Transfer to Moshi to relax and celebrate the team's achievement.

#### Days 8-11: Tsavo National Park, Kenya SAFARI

3 day 4x4 safari in Tsavo National Park. A chance to spot lion, elephant, giraffe, cheetah, rhino and much more. Camping overnight in the park to the sounds of the animals calling in the distance.

#### Days 12-19: Malindi SCUBA DIVE COURSE and Lamu.

5 day PADI Open Water or Advanced Open Water dive course. Free days for extra diving or relaxing on the white sands and turquoise waters. Eat local cuisine, explore the nearby village and chill out!

#### Days 20-25 : Nariobi & Hell's Gate National Park ADVENTURE ACTIVITIES

Explore the hustle and bustle of one of East Africa's most important cities. 3 days of action-packed adventure – climbing, cycling and horse-riding amongst the volcanic scenery, hot geysers and vulture breeding grounds of Hell's Gate National Park.

#### Days 26-31: Kitale, Mt Elgon and Sippi Falls TREK

Cross into Uganda on foot with a 4 day trek around the north of Mt Elgon. A real adventure into rural Africa, the trek finishes at the beautiful Sippi Falls, where the team can relax and rest weary feet.

#### Days 31-32: Jinja, WHITE WATER RAFTING, Entebbe

A day white water rafting along the source of the Nile. Big rapids and beautiful scenery – a day for adrenaline junkies. Transfer to Entebbe, free time to pick up some necessary souvenirs.

#### Days 32-41: CULTURE, HISTORY & TREKKING Rwanda,

This is an amazing opportunity to learn about the Genocide of 1994 before heading up to the hills for our final trek. A walk that few know about and is a fitting end to the adventure. This walk is full of surprises and will leave you plenty to boast about.

#### Days 41-42: FAREWELL PARTY End of the Expedition

Farewell party, flights home from .... or independent onward travel.

### Accommodation:

Basic one dorm room with simple bunk beds, with outdoor eating and food preparations areas. Evening curfew of 21:00. On the expedition and at weekends there will be a mixture of camping and dorm accommodation in hostels.

### Food:

You will be eating local food such as rice, maize meal and vegetables. They may also be the opportunity to eat pasta and meat on occasion. Fish from Lake Babati may also be available depending on the time of year. Shopping will be done once to twice weekly at the local market. On the expedition and at weekends you will also have the chance to eat in local restaurants.

### Weather:

The wet season ends around May, so the weather is likely to be hot during the day with a good chance of rain. The evenings and nights will be warm. July is in the middle of the winter season with hot, dry days and cold nights.

### Project Weekend Activities:

There will be the opportunity to relax in Babati at the lake or if you are energetic climb nearby Kwaraa, the fourth highest mountain in Tanzania. At the end of the project after all your hard work you will be treated to a 2 day safari through nearby Tarangire and Manyara.

### Leaders:

You will have two leaders with you for the entire six weeks. They will make sure everything runs smoothly, safely and to give maximum reward to all those involved. Leaders receive Quest training every year. All leaders are Wilderness First Aid trained and our Expedition Leaders have a minimum of Summer Mountain Leader training.

### Pre-departure Preparation:

Quest provides Pre-Departure Training in the UK for all team members. This is in addition to the in-country Orientation Days you will receive when you arrive in Africa. Our UK Pre-Departure Training cover Responsible Travel, Cultural Awareness, Health & Hygiene, Risk Assessment, Teamwork and Onward Travel. It also provides you with the opportunity to meet the rest of your team and your leaders before going overseas.

### Vaccinations:

We provide a full list of vaccinations required for this expedition. You will also need to take malarial prophylactics for the entire six or twelve weeks.

### Fitness:

You will be working long days and using muscles that you never knew existed. It is important to have a good level of fitness to begin with so that you can acclimatise to both the work and hot temperatures faster.

### Cultural Awareness:

Responsible Travel is an ethos that should be at the heart of all travel. For all of us at Quest Overseas it is about making a tangible 'positive impact' on both man and the environment with everything that we and our volunteers do. We ensure that we make a positive impact on communities and environments that we are lucky enough to visit. Quest was highly commended in the 2008 Responsible Tourism Awards sponsored by Virgin.



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