

## TANZANIA SCHOOLS & COMMUNITY PROJECT GAP

- Build classrooms and renovate schools, helping provide quality education
- Work & live alongside the local community in rural Tanzania, learn Swahili
- Create sustainable incomes for schools and communities
- Explore 4 East African countries: climb a mountain, trek, scuba dive, safari and more...

Babati is the regional capital of the recently formed Manyara Region. It has a population of approx 30,000 of which approx half are under 16 years old. Since 2008, Quest Overseas has been working with the Livingstone Tanzania Trust in a number of schools near Babati, developing education facilities through construction of additional classrooms. Local schools struggle to provide free primary education, yet without a good education the children will find it near impossible to escape a life of deprivation. By helping develop income-generating activities within schools and the wider community you can help motivate young people to fight poverty for themselves. Work shoulder to shoulder with the local community to build and renovate classrooms, develop community farms and gardens, and play plenty of games with the children.

Take time out from work to learn Swahili, visit local tribes, and get to grips with the local culture – visits to Lake Babati, the town's markets and homestays will all help with this! Following the project, the East African Expedition will take you on an exhilarating adventure through the highlights of Kenya, Tanzania, Uganda and Rwanda where you can white water raft, learn to scuba dive, spot the "Big 5" on safari, swim in waterfalls, camp out under the stars and much more.

**Activities:** Community development work in rural African villages: building, farming, education, entertaining children. 4x4 safari, trekking, scuba, white water rafting

**Team size:** 8-16 people

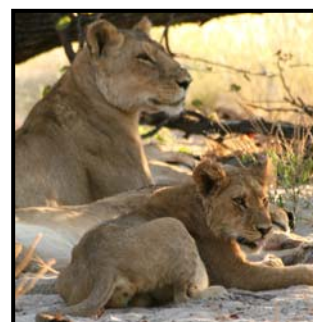
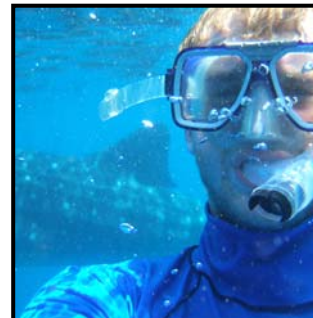
**Duration:** 6 weeks project only    *or*  
12 weeks combined with 6 week East Africa Expedition

**Departs:** early January

**Cost:** 12 weeks:        £4150 cost to Quest Overseas + £850 project donation  
6 weeks:            £1350 cost to Quest Overseas + £850 project donation

*Includes all accommodation, food, activities, in-country travel, local tipping, airport transfers, Quest leaders, medical & cancellation insurance.*

*Excludes international flight, entry visa.*



## What to Expect:

### Where?

Babati is located in Northern Tanzania on the shores of Lake Babati and close to Lake Manyara and Ngorogoro National Parks. The communities here are extremely poor and lacking many basic facilities are taken for granted in the UK. Only 50% of children attend primary school in the country and even fewer carry on to secondary.

### What?

Working with Livingstone Tanzania Trust (LTT), you will be helping to improve education facilities in the Babati area. In particular working at Waang'waray and Sinai Primary Schools constructing and renovating classrooms to reduce class sizes and allow more children to attend. You will also be working on sustainable agriculture projects, which generate food and income for the school and demonstrate new techniques: constructing enclosures for animals, creating innovative 'keyhole gardens'.

LTT work hand in hand with schools and communities so we know the work we do is what's needed most – therefore no two projects are the same! Work includes basic construction – cement-mixing, carrying rocks and sand, making mud bricks...

You will also run school sports days, lead informal conversation and other lessons – and get to know the kids who are never far away!

### Project Weekend Activities:

There will be the opportunity to relax in Babati at the lake or if you are energetic climb nearby Kwar'aa, the fourth highest mountain in Tanzania. Spend one weekend on a 'homestay' with a local family (community approval permitting).

### Example East Africa Expedition Itinerary:

#### Days 1-7: Arusha & Ngorogoro Crater TREK

Orientation and preparation for the team's first trek. This is a 4 day challenging trek around the volcanic landscape with stunning views – and a chance to spot some of the region's most famous wildlife.

#### Days 8-13: Malindi SCUBA DIVE COURSE

Travel to the spectacular Kenyan coast. 5 day PADI Open Water or Advanced scuba dive course. Free days for relaxing on the sands.

#### Days 14-15: Tsavo National Park, Kenya SAFARI

Cross the border into Kenya for a 3-day 4x4 safari in Tsavo National Park. A chance to spot lion, elephant, cheetah, rhino and much more. Camping overnight in the park to the sound of animals calling.

#### Days 16-17: Nairobi

Explore hustle and bustle of one of Africa's most important cities.

#### Days 18-23: Kitale, Mt Elgon and Sipi Falls TREK

Cross into Uganda on foot with a 4 day trek around the contours of Mt Elgon. A real adventure into rural Africa, the trek finishes at the beautiful Sipi Falls, where the team can relax and rest weary feet.

#### Days 24-26: Jinja, Kampala, WHITE WATER RAFTING

After an afternoon to relax and prepare, spend a day rafting on the source of the Nile. Big rapids and beautiful scenery: a day for adrenaline junkies! Transfer to Kampala: free time, pick up souvenirs.

#### Days 27 -31: Rwenzori, COMMUNITY WALKS

Spend 4 days walking through the foothills of the Rwenzori Mountains. Trekking through the coffee plantations and agricultural lands, the team will learn about different ways of life from communities living in the 'Mountains of the Moon'.

#### Days 32-35: Queen Elizabeth National Park, Lake Bonyonyi, SAFARI

With a magnificent view across the Rift Valley floor, the team will get close (enough!) to diverse wildlife, including 20 types of predator and the most concentrated 'bloat' of hippos in the world! Take a dip in the crystal waters of Lake Bonyonyi.

#### Days 36 -40: Kigali, HISTORY, PRIMATE TREKS, Nyungwe Park

This is a sobering but important opportunity to learn about the Genocide of 1994 before heading up to the hills for final treks through the forests of Nyungwe, spotting monkeys...the walk is full of surprises and will leave you plenty to boast about.

#### Days 41-42: FAREWELL PARTY End of Expedition

Farewell party, flights home from .... or independent onward travel.

### Accommodation:

Very basic with bush showers and kitchen. No electricity or running water. Sleeping will be a mix of camping indoors and outdoors. Secure accommodation with day and night guards.

### Food:

You will be eating local food such as rice, maize meal and vegetables. They may also be the opportunity to eat pasta and meat on occasion. Fish from Lake Babati may also be available. Shopping will be done the local market. On the expedition and at weekends you will also have the chance to eat in local restaurants.

### Weather:

The project takes place just after the rainy season, so the weather is likely to be hot during the day with a reasonable chance of rain. The evenings and nights will be warm.

### Leaders:

You will have one leader with you for the project, and 2 leaders on expedition. They make sure everything runs smoothly and safely, and to give maximum reward to all involved. All leaders are highly trained by Quest and have Wilderness First Aid certification. Our Expedition Leaders have a minimum of Summer Mountain Leader training.

### Pre-departure Preparation:

Quest provides Pre-Departure Training in the UK for all team members. This is in addition to the in-country Orientation you will receive when you arrive in Africa. Our UK Pre-Departure Training covers Responsible Travel, Health & Hygiene, Risk Assessment, Teamwork, and Onward Travel. It also provides you with the chance to meet the rest of your team and leaders before going overseas.

### Vaccinations:

We provide a full list of vaccinations required for this expedition. You will also need to take malarial prophylaxis for the entire time away.

### Fitness:

You will be working long days and using muscles you never knew existed. It is important to have a good level of fitness to begin with so that you can acclimatise to both the work and hot temperatures.

### Responsible Travel:

Responsible Travel is an ethos that should be at the heart of all travel. For all of us at Quest Overseas it is about making a tangible 'positive impact' on both man and the environment with everything that we and our volunteers do. Quest was Highly Commended in the 2008 Responsible Tourism Awards sponsored by Virgin.



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